

## The Employment Specialists

### Top 10 tips for individuals with a crisis at work.

**Get advice early** - while you still have choices

**Work out what you want** - if you are not true to yourself, the solution we suggest may not work for you

**Take control** - this is really important, and a stress buster

**Establish with a lawyer the range of possible outcomes available to you** - you may be surprised

**Establish where you are currently in that range** - generally you will be looking for maximum compensation, but not always

**Work out expect to be in that range** - we will help you get there

**And articulate the rationale for this** - legal arguments are important, but getting the politics right is vital

**Work out who should deliver the message** - you will often be that person, and will make sure you say the right thing

**Identify the person who needs to hear the message** - it may not be the first person you think of

**Having worked out what you want to do, get on with it** - and remember that sometimes the right answer is to do nothing : this can be your choice, you are in control

In fact there is only one rule:

Speak to an experienced employment lawyer as soon as possible - we will soon tell you whether you need take advice at this stage

### Contact us



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